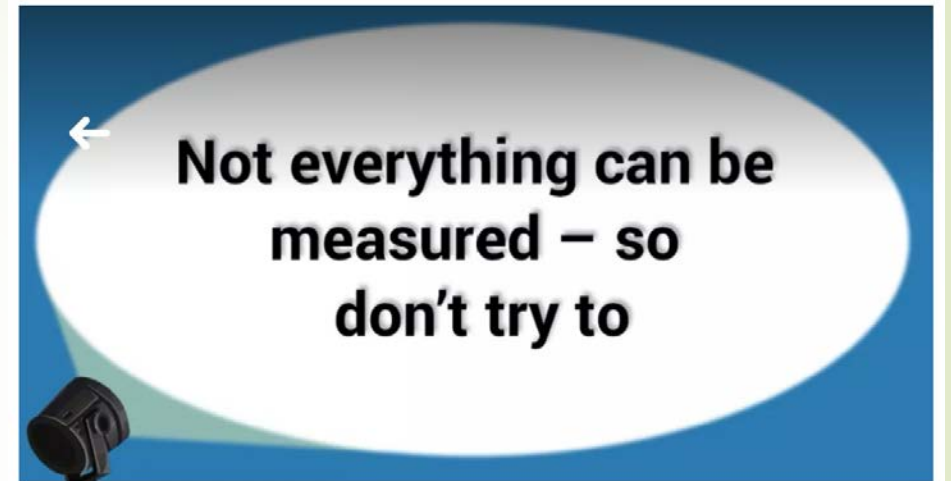


A photograph of a person with short grey hair, wearing a light-colored long-sleeved shirt, sitting on the ground and looking out over a vast, open field. The person is positioned on the left side of the frame, with their back to the camera. A dark backpack is resting on the ground next to them. The field is filled with dry, golden-brown grass and small plants, stretching towards a hazy horizon. The lighting suggests a warm, late afternoon or early morning. The right side of the image is overlaid with a teal-colored banner containing white text.

Rich Stories of Achievement through Words and Pictures



From MSC Technique



Estyn HMI

19 Mar at 18:25 • 🌐

When a school evaluates what it does well and what it can do better, they should remember...



You and 11 others

1 Comment

Beliefs - we achieve best when...

- ✓ We are valued and listened to;
- ✓ People fully include us in exploring and agreeing where we are now (assessment), where we want to get to (vision) and how we are going to get there (goals / plan);
- ✓ Any assessment builds on our strengths and what is import TO us, as well as FOR us;
- ✓ We are supported and encouraged by people who know us best;
- ✓ People do what they say they will do and work together in a joined-up way;
- ✓ We have regular opportunities to reflect on our stories of achievement and progress.

H2t.me - Individual is supported to record...

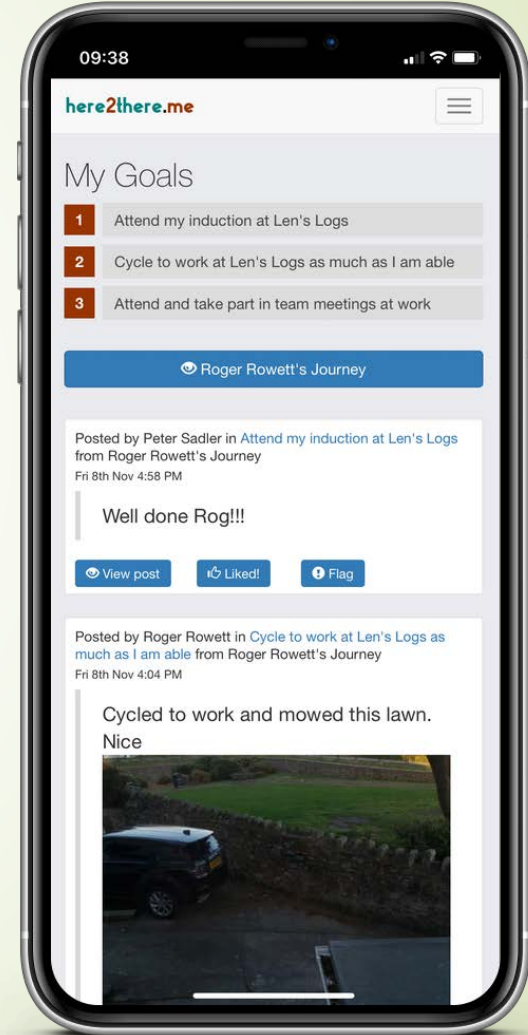
- ✓ An online profile of their vision for their future, what motivates them, their strengths, what is important TO them and FOR them;
- ✓ Specific goals using the profile as a catalyst;
- ✓ Their story and journey by means of words and pictures;
- ✓ How far they have 'travelled' in terms of outcomes against their goals

The Individual can view their information at any time and it is secure.



The story and progression is captured by...

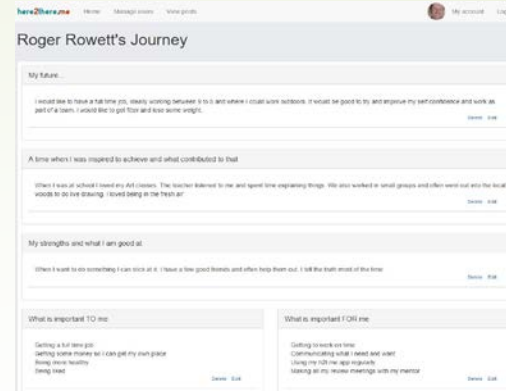
- ✓ The Individual by means of the H2T.me App on a Smartphone or Tablet, through words and pictures against their goals. Works like a Timeline on Social Media Apps;
- ✓ The Circle of Support who can view the Individual's story in real time, add posts of their own, and provide positive reinforcement through written comments;
- ✓ Perceptions of progress on a 1-10 scale against each goal during Review meetings. Critically this is validated by
 - the posts (stories) from Individuals
 - Supporters comments



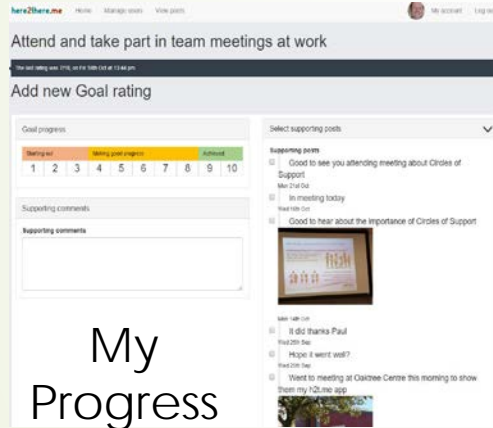


Starting from Strength

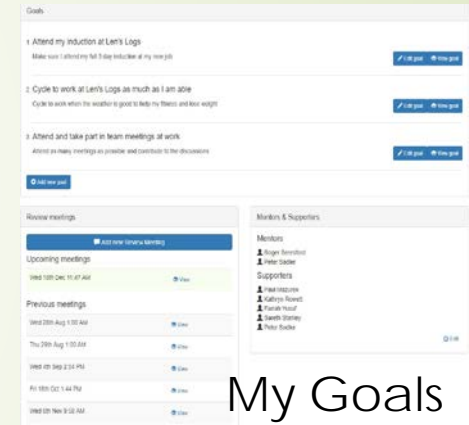
Assessment



Circle of Support



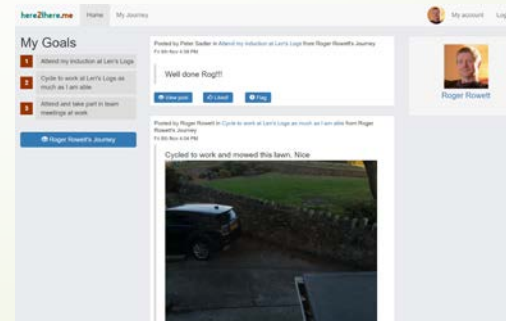
My Progress



My Goals



Mentor Meetings

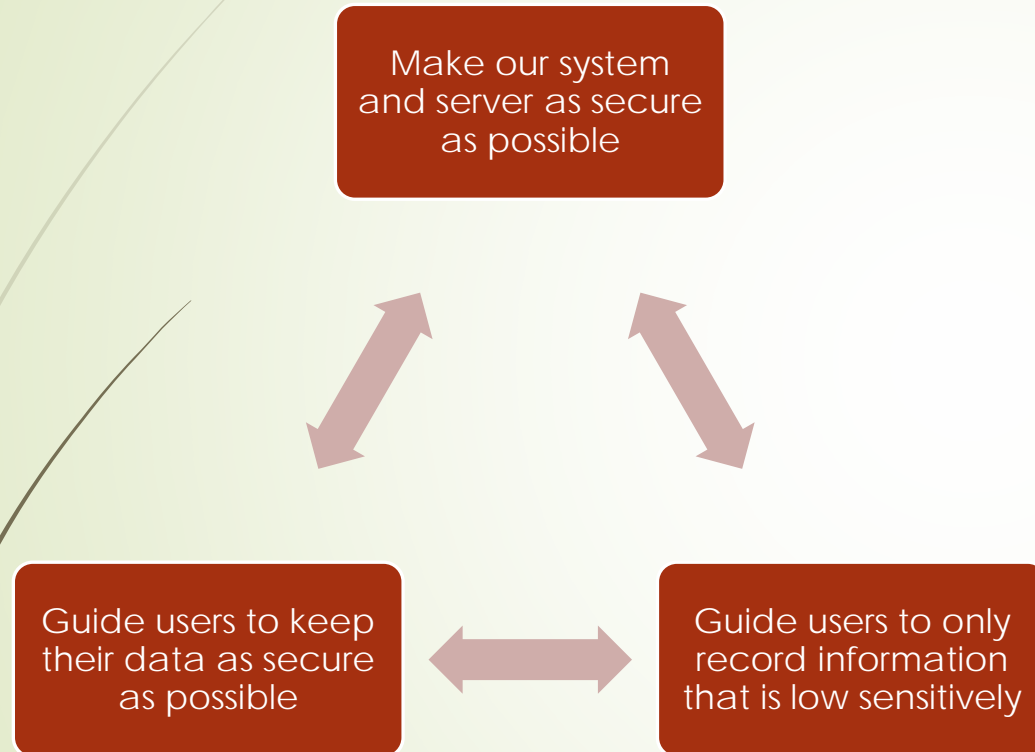


My Journey



Working together

GDPR and security



We...


- Make our system as secure as we are able including the use of an ISO27001 accredited UK datacentre
- Provide support documentation and guidance to users that emphasises the importance of only recording data that focuses on people's strengths and achievements
- Provide guidance to users on keeping this data safe, this includes using passwords on their devices (phone, PC etc) and on the system itself

Next steps...

- ▶ Complete pilots in...
 - Learning disability services – Local Authority In-house and third sector. Part of North Wales Transformation Project;
 - Work support – Working Denbighshire
 - Denbighshire Youth Service
 - North Wales Children's homes (Woodlands)
- ▶ Involve people using the services in reviewing and shaping how the system develops;
- ▶ Interface fully bilingual
- ▶ Share our experiences and learning

A 'what matters' conversation is a targeted conversation relating to any assessment process. It refers to a skilled way of working with individuals to establish the situation, their current well-being, what can be done to support them and what can be done to promote their well-being and resilience for the better.

Social Care Wales

here2there.me Home Manage users View posts  My account Log out

Roger Rowett's Journey

My future...

I would like to have a full time job, ideally working between 9 to 5 and where I could work outdoors. It would be good to try and improve my self-confidence and work as part of a team. I would like to get fitter and lose some weight.

[Delete](#) [Edit](#)

A time when I was inspired to achieve and what contributed to that

When I was at school I loved my Art classes. The teacher listened to me and spent time explaining things. We also worked in small groups and often went out into the local woods to do live drawing. I loved being in the fresh air

[Delete](#) [Edit](#)

My strengths and what I am good at

When I want to do something I can stick at it. I have a few good friends and often help them out. I tell the truth most of the time.

[Delete](#) [Edit](#)

What is important TO me

- Getting a full time job
- Getting some money so I can get my own place
- Being more healthy
- Being liked

[Delete](#) [Edit](#)

What is important FOR me

- Getting to work on time
- Communicating what I need and want
- Using my h2t.me app regularly
- Making all my review meetings with my mentor

[Delete](#) [Edit](#)

An assessment for care and support must be based around a conversation between the practitioner and the individual, and other relevant individuals, to understand the personal outcomes the individual wants to achieve and how they can be supported to achieve them.

Recording Measurement of Personal Outcomes 2016

Goals

- 1. Attend my induction at Len's Logs**
 Make sure I attend my full 3 day induction at my new job
 Edit goal View goal
- 2. Cycle to work at Len's Logs as much as I am able**
 Cycle to work when the weather is good to help my fitness and lose weight
 Edit goal View goal
- 3. Attend and take part in team meetings at work**
 Attend as many meetings as possible and contribute to the discussions
 Edit goal View goal

[Add new goal](#)

Review meetings

[Add new Review Meeting](#)

Upcoming meetings

Wed 18th Dec 11:47 AM	View
-----------------------	----------------------

Previous meetings

Wed 28th Aug 1:00 AM	View
Thu 29th Aug 1:00 AM	View
Wed 4th Sep 2:54 PM	View
Fri 18th Oct 1:44 PM	View
Wed 6th Nov 9:58 AM	View

Mentors & Supporters

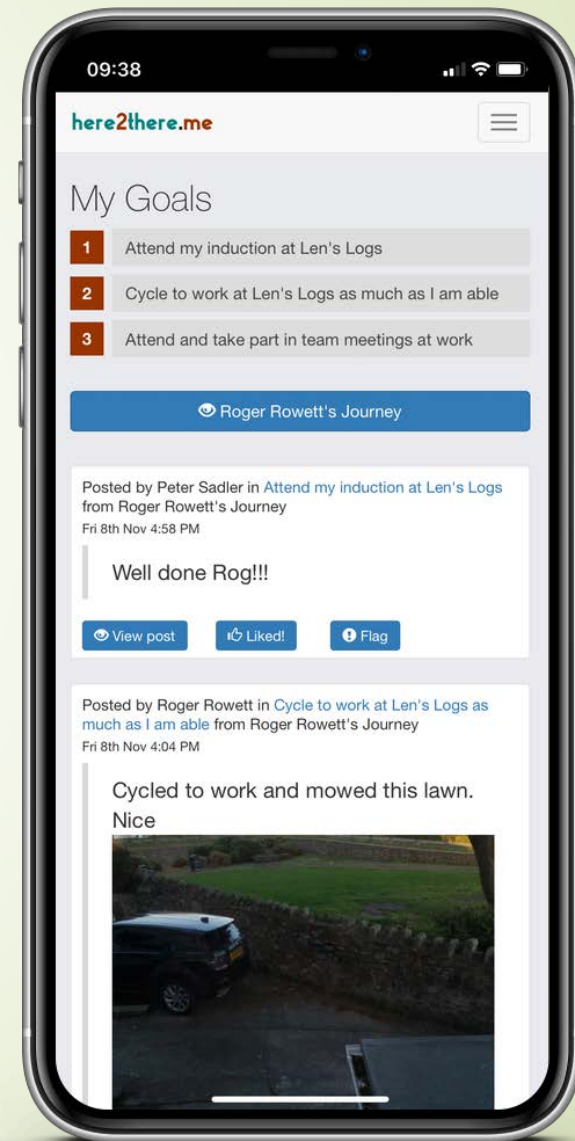
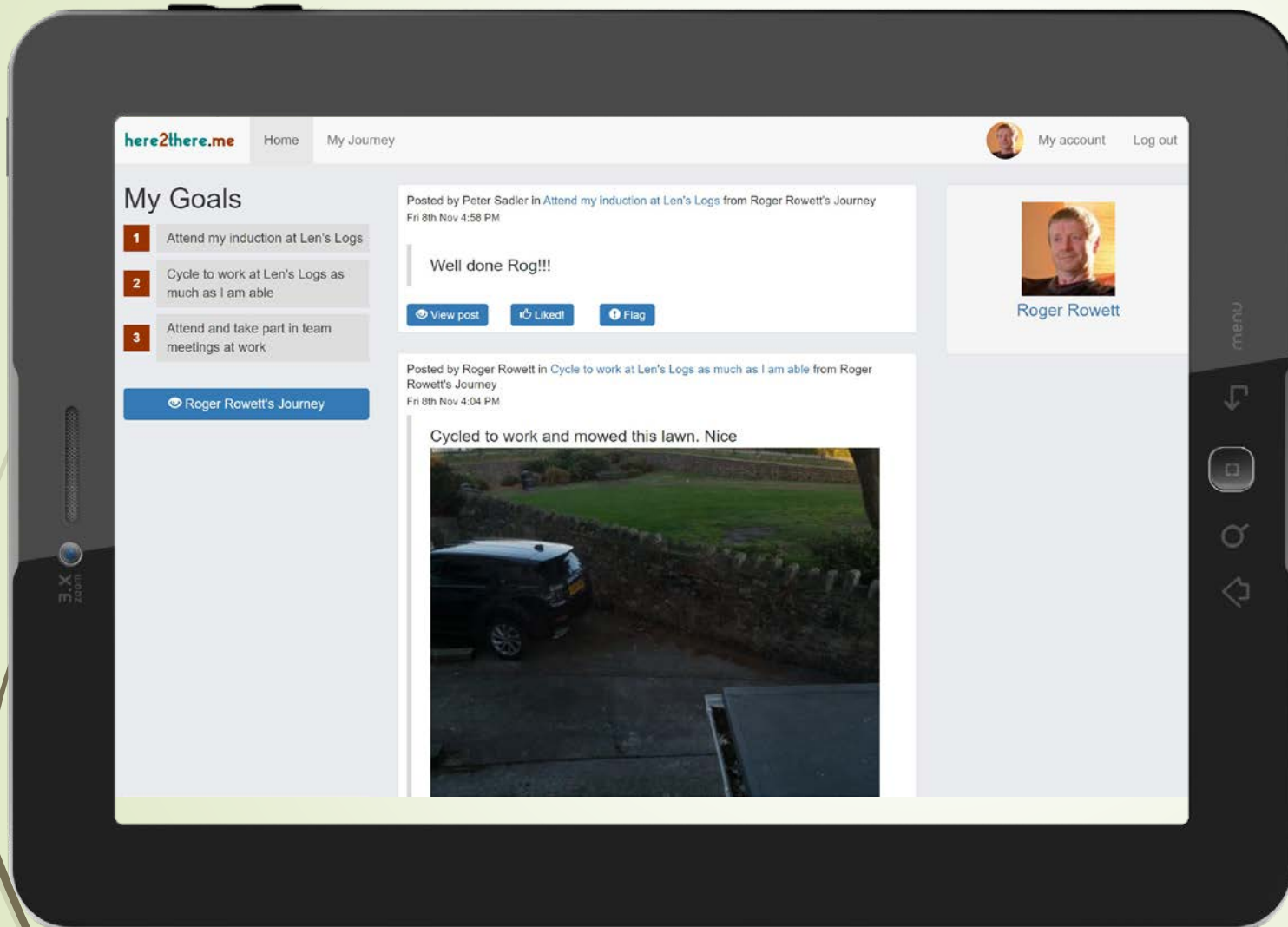
Mentors

- Roger Beresford
- Peter Sadler

Supporters

- Paul Mazurek
- Kathryn Rowett
- Farrah Yusuf
- Sareth Stanley
- Peter Sadler

[Edit](#)



'A scale of 0 to 10 must be used to measure personal outcomes, where 0 describes the worst it could be, and 10 describes the best it could be.

The scoring scale is a tool to show positive or negative progress and should not be used as a score in itself without a narrative. The scores mean different things to different people, and are individual to a person, and the narrative helps others to understand the personal score'.

Recording Measurement of Personal Outcomes – 'The scoring only applies to individuals who are eligible for a care and support plan and carers eligible for a support plan under the Social Services and Well-being (Wales) Act 2014'



Attend and take part in team meetings at work

The last rating was 7/10, on Fri 18th Oct at 13:44 pm

Add new Goal rating

Goal progress


Starting out			Making good progress					Achieved	
1	2	3	4	5	6	7	8	9	10

Supporting comments

Supporting comments

Select supporting posts

Supporting posts

- Good to see you attending meeting about Circles of Support
Mon 21st Oct
- In meeting today
Wed 16th Oct
- Good to hear about the importance of Circles of Support

- It did thanks Paul
Wed 25th Sep
- Hope it went well?
Wed 25th Sep
- Went to meeting at Oaktree Centre this morning to show them my h2t.me app
