



Making the technology fit the person

**Sarah Weston and
Emma Nichols**
Hft

14 November 2018

Introduction to Personalised Technology (PT) at Hft

- Using PT since 2004
- Person-centred approach
- Focus on people's abilities not their disabilities
- Trialling new technologies – approached by leading manufacturers
- Work with organisations to deliver training, assessments and consultancy in technology

Issue: Wanted to have more independence and have her own flat

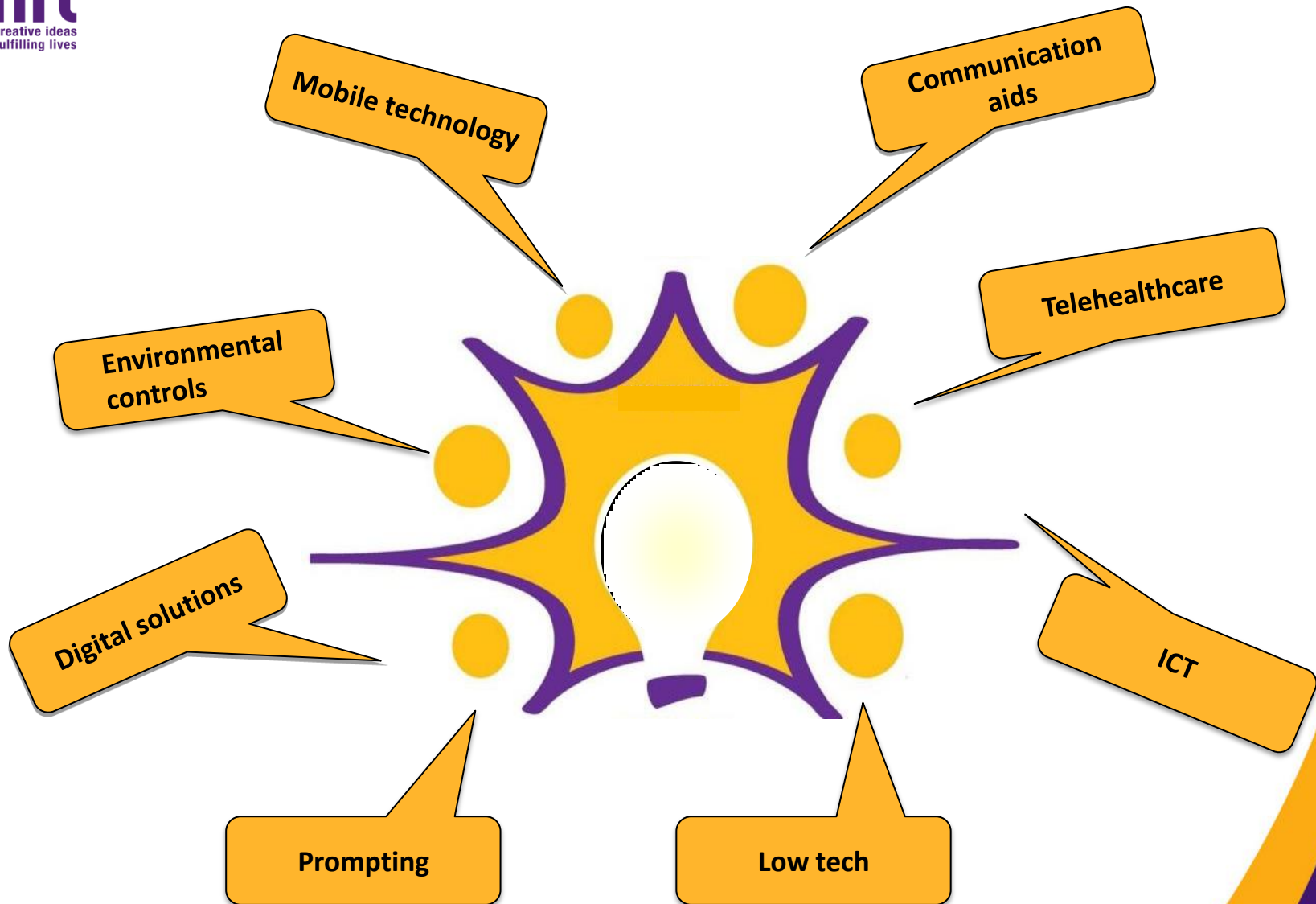
Solution: To find suitable housing



**Outcome:
Independence and
increased confidence**

**Cost:
£525**

Personalised Technology – a definition



Lucille

Issue: Independence with medication

Solution: Medication dispenser

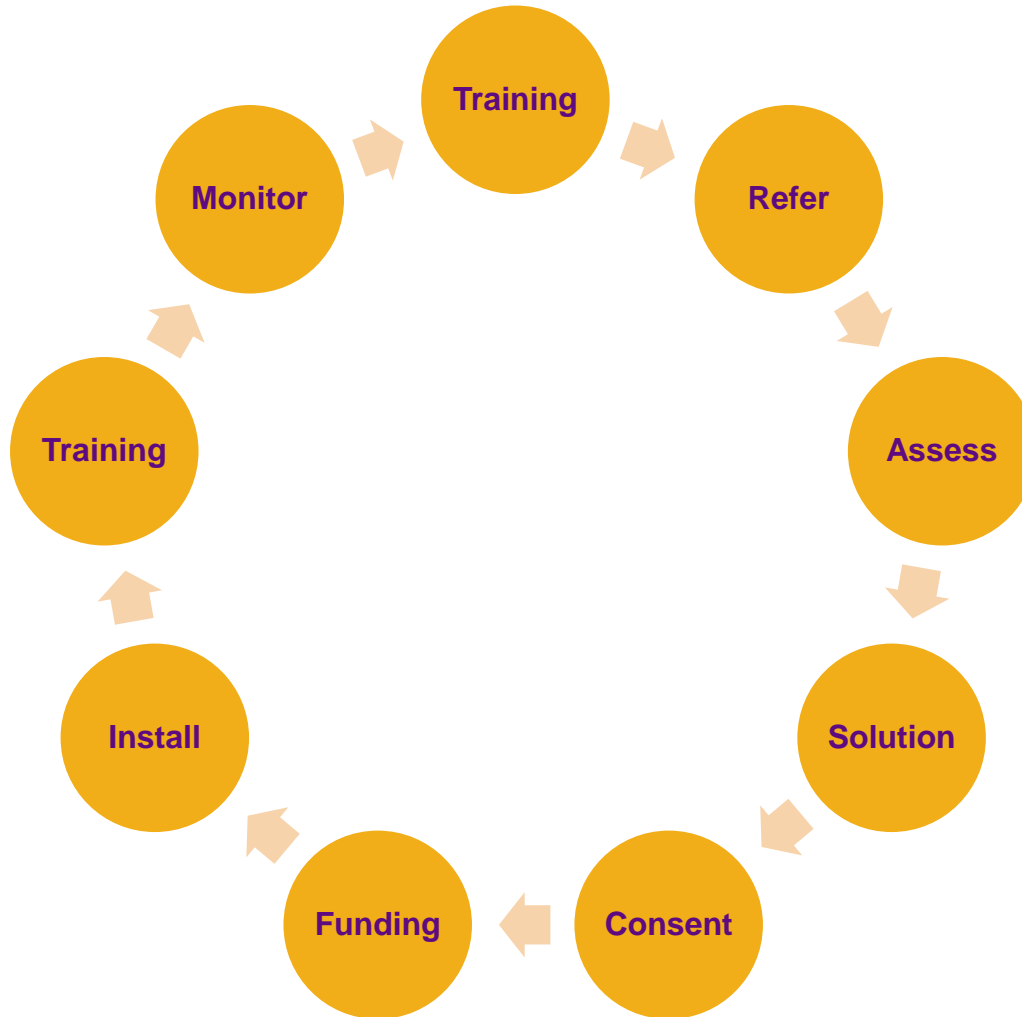


**Cost:
£150**

**Outcome:
Independence with
reduced staff
intervention**



Implementation process



Why Use Personalised Technology?

- Independence
- Improved health and wellbeing
- Dignity and privacy
- Choice and control
- Risk safety management
- Increased communication
- Enjoyment and sensory relaxation
- Opportunity and empowerment
- Increased efficiencies

How can PT Help?

“I like living in my flat. It helps if I can call staff if I fall”

“I can cook my food myself and I don't have to wait for staff”

“I like it as I will be able to let myself in”

“I don't have to be woken during the night – my sensor wakes me”

“It is better for me to open the doors by myself ”

“It helps people. I can change the channel to what I want”

“It will help keep me safer in my house and I will be able to see who is at my front door”

“I like to be as independent as possible, and equipment I can learn to use will help me”

What needs to be considered?

- Does the person have capacity to consent to the specific technical solution?
- Is the whole procedure person centred?

Other things to think about

- Testing the equipment regularly
- Inclusion in support plans and risk assessments
- Is the equipment bothering other people or the individual?
- What to do when it works?
- What to do when it doesn't work?

Personalised Technology services

Person centred assessments / recommendations

- Initial face to face meeting at the person's home
- Assessment and recommendation report
- Ongoing support

Training

½ day interactive training session that covers:

- What PT is
- The benefits of using PT
- The impact of using PT

Consultancy

- Expert advice
- Recommendations on how to implement PT into services
- Bespoke training days

In summary

Technology can make a huge difference to the health and wellbeing and quality of life of people with learning disabilities, as well as creating more efficient services.



Thank you

Any questions?